

SURREY STARLETS

Club Handbook 2025-26



www.surreystarlets.co.uk



Welcome...

Thank you for your interest in joining the Surrey Starlets for the 2025-26 season. This pack is here to help you decide which of our teams you would like to be considered for and understand the commitment needed for the season.

The Surrey Starlets began in 1998 as a 'pee-wee' team and ever since our first competition (where we placed 2nd out of 14!!) our teams have achieved great success both nationally and internationally.

Over the past 27 years our teams have represented Surrey at many prestigious events such as multiple World Cheerleading Championships, the London 2012 Olympics, T4 on the Beach, Reading Festival, Rugby 7s Finals, as well as numerous television appearances.

This year, we celebrate our 28th anniversary, making us one of the **longest running programmes in the UK**. The upcoming season looks to be the most exciting yet with many events, competitions and developments for the year.

As we enter our 28th season, we are proud to expand to our 2 locations, the Purple and Pink Gym! The Purple Gym located within Rosebery School, Epsom is fully equipped with a full sprung floor, along with other custom tumbling equipment such as air tracks etc. Easily reached via public transport with direct trains to and from London – Victoria and Waterloo, the gym is a short drive from the M25, with ample parking.

Our Pink Gym, home to recreational and some novice teams is located at Wandle Valley Academy, features professional cheerleading equipment and is a great training location

Surrey Starlets are more than just a cheerleading team. The programme has a strong sense of family and teamwork, providing athletes with an opportunity to make friends, compete nationally and learn important life skills.



About the programme...

The Surrey Starlets began in 1998 as a 'pee-wee' team and ever since our first competition (where we placed 2nd out of 14!!) all of our teams have achieved a great amount of success both nationally and internationally! Over the past 26 years, our teams have represented Surrey at many prestigious events such as the World Cheerleading Championships, the London 2012 Olympics, T4 on the Beach, Reading Festival, Rugby 7's Finals, as well as many television appearances.

This year, we celebrate our 28th season, making us one of the **longest running programmes in the UK**. 2024-25 has been our most successful season yet, and we cant wait to better it again for the new season!

Our Teams...

Team Name	Age	Team Level	Location
'beena Berry	U8	Novice	Pink Gym
Blackcurrant	U8	Novice	Purple Gym
Lilac	U8	Prep 1	Purple Gym
Orchid	U10	Novice	Purple Gym
Iris	U10	Prep 1	Purple Gym
Byzantium	U10	Allstar 1	Purple Gym
Grape	U12	Novice	Purple Gym
Zinnia	U12	Prep 1	Purple Gym
Razzmic	U12	Allstar 1	Purple Gym
Magenta	U14	Novice	Pink Gym
Fuchsia	U14	Novice	Purple Gym
Lavender	U14	Allstar 1	Purple Gym
Indigo	U14	Allstar 2	Purple Gym
Tanzanite	U14	Allstar 3	Purple Gym
Wisteria	U16	Novice	Purple Gym
Violet	U16	Allstar 2	Purple Gym
Eminence	Senior	Allstar 4	Purple Gym
D5	-	Development	Purple Gym
Amethyst	U18	NT 6.0	Purple Gym
Regal	IO	NT 4.0	Purple Gym
Mulberry	IO	NT 5.0	Purple Gym
Allium	IO	NT 6.0	Purple Gym
Astraea	IO	Allstar 7	Purple Gym



Requirements for all Starlets...

- All athletes compete in teams in accordance to age rules from the USASF – when there are more than 1 team for 1 age group, athletes will compete in teams in accordance to ability.
- All athletes will compete for a full season at all competitions the teams attend.
- All athletes will compete for the season only as a Starlet with no other commitments to other cheerleading teams and programmes to avoid a conflict of interest.
- All athletes will attend all training sessions and competitions throughout the year and will only miss for extenuating circumstances (found in constitution)
- No athletes will take a holiday 3 weeks before a competition.
- All athletes will keep up to date with financial requirements
- All athletes will sign and abide by the Surrey Starlets Constitution (given after team placements) and a Surrey Starlet Medical form

Training Schedule...

TEAM	TRAINING	Choreo Day
'beena Berry	Thursdays 5:30-7pm	19th Oct : 8:30-11:30am PURPLE GYM
Blackcurrent	Wednesdays 4:30-6pm	21st Sept : 1:30-4:30pm
Lilac	Wednesdays 4:30-6pm	21st Sept: 9am-12pm
Orchid	Fridays 4:30-6:00pm	28th Sept : 8:30-11:30am
Iris	Fridays 6:00-8:00pm	12th Oct : 12-3pm
Byzantium	Wednesdays 6-8pm	21st Sept : 1-4pm
Grape	Wednesdays 6-7:30pm	28th Sept : 1:30-4:30pm
Zinnia	Mondays 4:30-6:30pm	5th Oct: 1-4pm
Razzmic	Tuesdays 4:30-6pm & Thursdays 5-6:30pm	12.9.25 5-9:30pm 19.9.25 5-9:30pm TG Clean up : 21.3.26 10am-1pm
Magenta	Thursdays 7-8:30pm	12th Oct : 4-7pm PURPLE GYM
Fuchsia	Fridays 4:30-6pm	21st Sept : 8:30-11:30am
Lavender	Wednesdays 7:30-9:30pm	12th October : 10am-1pm
Indigo	Wednesdays 8-9:30pm & Thursdays 5-6:30pm	28th Sept : 9am—12pm
Tanzanite	Mondays 4:30-6pm & Wednesdays 6-7:30pm	12th October: 1-4pm
Wisteria	Mondays 6:30-8pm	21st Sept : 4:30-7:30pm
Violet	Tuesdays 6-7:30pm &	28th Sept : 12-3pm
Eminence	Mondays 6-7:30pm & Tuesdays 6-8pm	5th October : 9am-12pm
D5	Fortnightly Sundays 5-7pm	n/a in training
Amethyst	Mondays 7:30-9:30pm	21st Sept : 3-6pm
Regal	Fortnightly Sundays 7-9pm	12th Oct : 9am-12pm
Mulberry	Mondays 7:30-9:30pm	28th Sept : 3-6pm
Allium	Tuesdays 8-9:30pm & Thursdays 7:30-9:30pm	5th October : 10:30am-1:30pm DANCE : 10.12.25 7-9pm TG Clean Up 21.3.26 1:30-4:30pm
Astraea	Tuesdays 7:30-9:30pm & Thursdays 7:30-9:45pm	5th October : 2-5pm DANCE : 11.12.25 TG Clean Up 21.3.26 5:30-9:30pm

Choreo Days...

Choreography days cover the main portion of choreography for the competitive routines. This day will be compulsory for all athletes on that team to attend. This leaves training sessions with much more time to work on skills and technique. Dates can be seen in the chart and are compulsory!

Tumble Classes...

Tumble classes run every week and are included in your monthly fee! On notification of Team Placements, you will be allocated a tumble class which you can attend weekly! These are bookable via the website, details on the www.surreystarlets.co.uk/furtherinfo page

Tumble 1—Sundays 1-2pm
Tumble 2—Sundays 2-3pm
Tumble 3—Sundays 3-4pm
Pink Tumble—Thursdays 4:15-5:15pm
Tumble 4—Thursdays 6:30-7:30pm

Flyer Classes...

Flyer classes run every week and are included in your monthly fee! Flyers must attend a minimum of 2 per month, and be seen to be making adequate developments through stretch and conditioning at home to remain as a flyer. Classes are bookable via the furtherinfo page and dates will be released asap

Private Classes...

£30 per session

We will be offering private coaching sessions for athletes who wish to sign up to them. These will be offered on a first come first served basis. Private sessions will be a maximum of 3 athletes working with a coach, specifically focused on progressions in tumbling and jumps, or flyer skills. Classes are 45mins for a 121, or 1hour for 2 or 3 athletes.

Competition Schedule...

- Purple Premier— 2nd —Guildford Spectrum
- * ICC Southern— 7th/8th Feb —Spectrum, Guildford
- * JamFest Rise of the Regions—14th AND 15th Feb - Telford Centre, Telford—2 DAY EVENT FOR ALL!
- *Full Out Fest—14th/15th March K2 Crawley
- * ICC Nationals— 28th /29th March—Nottingham Arena
- *BCA Brighton—11th/12th April—Brighton Arena

- *Worlds—(see Worlds Page)
- *BCA Nationals—23rd/24th May—Telford
- *JamFest Europe—6th/7th June—Manchester
- *ICC Southern Jam—13th/14th June—Guildford
- *European Summit—Portugal (see info page)
- *FC Nationals—26th-28th June—Bournemouth Int Centre
- *AIA Champs—Canada (see info page)

	Purple Premi- ere	ICC South- erns	Jam- Fest Tel- ford	Full Out Fest	ICC Na- tionals	BCA Bright- on	World s	BCA Na- tionals	Jam- Fest Eu- rope	ICC South- ern Jam	Euro- pean Sum- mit	FC Na- tionals	AIA Can- da
'beena Berry	★	★		★						★			
Blackcurrant	★	★		★						★			
Lilac	★	★	★	★				★		★			
Orchid	★	★		★						★			
Iris	★	★	★	★				★		★			
Byzantium	★	★	★	★				★		★		★	
Grape	★	★		★						★			
Zinnia	★	★	★	★				★		★			
Razzmic	★	★	★	★				★		★	★	★	
Magenta	★	★		★						★			
Fuchsia	★	★		★						★			
Lavender	★	★	★	★				★		★		★	
Indigo	★	★	★	★				★		★		★	
Tanzanite	★	★	★	★				★		★		★	
Wisteria	★	★		★						★			
Violet	★	★	★	★				★		★		★	
Eminence	★	★	★	★				★		★		★	
D5	★												
Amethyst	★	★	★		★			★	★	★		★	
Regal	★	★		★						★			★
Mulberry	★	★	★	★				★		★		★	
Allium	★	★	★		★	★	★	★	★			★	
Astraea	★	★	★		★	★	★	★	★			★	

Athletes are responsible for making their own way to all competitions

Financial Costs...

-Our aim is to try to keep costs to an absolute minimum, charging only what is needed. We pride ourselves on being the most affordable high level team in the local area.

- Competitive cheerleading, while not as costly as some sporting activities, can still be an expensive sport. Tuition fees (are paid in a monthly fee (this may differ for each team) and with 2 competition balances paid throughout the year to attend competitions.

TEAM	MONTHLY FEE	MEMBERSHIP COST	COMPETITION DEPOSITS <i>(these costs are 23-24 prices, and so are approximates for the new season. They will be finalised in the information pack in September based on final coemptions selected—which for some is more than listed below)</i>	COMP UNIFORM	COMPETITION BOW & SOCK
Novice Teams —'beena Berry, Blackcurrent, Orchid, Grape, Magenta, Fuchsia, Wisteria	£60pcm (10 months)	£115	<i>£90 due by end of Oct and £60 due by end of Jan (covers 3 comps and Purple Premiere)</i>	£80	£17 (no socks—optional)
Lilac	£60pcm (10 months)	£115	<i>£155 due by end of Oct and £125 due by end of Jan (covers 5 comps and Purple Premiere)</i>	£145	£25
Iris	£74pcm (10 months)	£115	<i>£155 due by end of Oct and £125 due by end of Jan</i>	£145	£25
Byzantium	£74pcm (10 months)	£115	<i>£185 due by end of Oct and £160 due by end of Jan</i>	£145	£25
Zinnia	£74pcm (10 months)	£115	<i>£155 due by end of Oct and £125 due by end of Jan</i>	£145	£25
Razzmic	£90pcm (10 months)	£115	<i>£185 due by end of Oct and £160 due by end of Jan (covers 6 comps and Purple Premiere)</i>	£145	£25
Lavender	£74pcm (10 months)	£115	<i>£185 due by end of Oct and £160 due by end of Jan (covers 6 comps and Purple Premiere)</i>	£145	£25
Indigo	£90pcm (10 months)	£115	<i>£185 due by end of Oct and £160 due by end of Jan (covers 6 comps and Purple Premiere)</i>	£145	£25
Tanzanite	£90pcm (10 months)	£115	<i>£185 due by end of Oct and £160 due by end of Jan (covers 6 comps and Purple Premiere)</i>	£145	£25
Violet	£90pcm (10 months)	£115	<i>£185 due by end of Oct and £160 due by end of Jan (covers 6 comps and Purple Premiere)</i>	£155	£25
Eminence	£95pcm (10 months)	£125	<i>£185 due by end of Oct and £160 due by end of Jan (covers 6 comps and Purple Premiere)</i>	£155	£25
Amethyst	£77pcm (10 months)	£125	<i>£230 due by end of Oct and £185 due by end of Jan (covers 6 comps and Purple Premiere)</i>	£185	£25
Regal	£40pcm (11 months)	£115	<i>£90 due by end of Oct and £60 due by end of Jan (covers 3 comps and Purple Premiere)</i>	£155	£25
Mulberry	£77pcm (10 months)	£125	<i>£185 due by end of Oct and £160 due by end of Jan (covers 6 comps and Purple Premiere)</i>	£155	£25
Allium	£97pcm (10 months)	£125	<i>£230 due by end of Oct and £185 due by end of Jan (covers 6 comps and Purple Premiere)</i>	£180	£21
Astraea	£97pcm (10 months)	£125	<i>£230 due by end of Oct and £185 due by end of Jan (covers 6 comps and Purple Premiere)</i>	£194	£21
Crossovers	Crossovers pay the higher team monthly fee. And an additional £25 per month		The amount will vary per athlete, depending on what team they are in, which events they are attending et. This will be given .		

MONTHLY TRAINING FEE

-Monthly training fees cover the weekly sessions as well as WEEKLY tumble classes.

-Training fees (for the whole year) are divided out equally per month. Monthly fees do not vary per month based on the amount of sessions. *(think gym memberships).*

- Training fees will be reduced for siblings by £15 per month which is taken off of the monthly fee = First sibling-full price, Second sibling £15 off, third sibling full price, fourth sibling £15 off etc... on classes **both siblings** participate in.

- Additional stunt training and workshops may be organised once or twice a year – all cheerleaders are expected to attend and pay the cost incurred
- Fees are due monthly and there is a £10 late fee (per month) when this is not kept to.

-Fees are due monthly on the 1st of the month. Fees paid after the 1st (or above noted date for comps) will incur a £10 late fee.

MEMBERSHIP PACK

The membership pack covers the costs of things such as insurance, equipment hire, music expenses, etc.

This membership includes an annual team t-shirt, a team jacket,. The team jacket will remain the same for next season, so athletes that cheer with us for the 2025-26 season who already have this will have their membership price for that season reduced by £15

A-Team, Worlds 2026...



Allium INT6.0 & Astraea IO7



Following from the most successful Worlds trip in 2025, where our Worlds Team's scooped a 9th ranked title and a 5th in the Nations Cup, Allium and Astraea have secured their bid to the 2026 World Champs and will be heading to Orlando in 2026!

The trip will as always consist of exciting events, team building activities, showoffs and of course the competition.

The travel package covers every element of the trip, including flights, accommodation, transport, entry, training stash etc and costs approx. £2550.

Payments are taken in instalments throughout the year. This estimation is based on last years trip, and is only an approximation

Trip Dates: Fly out 18th April 2026—fly home 29th April (land 30th)



BID WINNERS

**2006, 2012, 2013, 2014,
2015, 2016, 2017, 2018,
2019, 2020, 2021, 2022,
2023, 2024, 2025**

Razzmic—Euro Summit 2026...



Having been privileged enough to win 6 bids to the Summit in the 2025 season, we are excited to announce that Razzmic will be heading to Portugal to the European Summit 2026!

The trip will as always consist of exciting events, team building activities, showoffs and of course the competition.

The travel package covers every element of the trip, accommodation , entry, training stash etc and costs approx. £800. (This cost will be updated as we hear back in from our travel provider)

Payments are taken in instalments throughout the year.

To ensure Razzmic are as competitive as possible at the high level event, we're excited to announce that Andy and Brianne, owners of Top Gun UK, will be choreographing our Summit routine. Andy and Brianne have an exceptional track record, with multiple Summit and NCA titles and consistently outstanding scores of 99% at competitions.

Choreography sessions will be:

Friday 12th September 5:00-9:30pm

Friday 19th September 5:00-9:30pm

Saturday 21st March (clean up camp, times TBC)

Attendance to all three sessions is compulsory. Missing any will result in removal from the team. The cost of this will be added to the overall cost of the athletes trip

All athletes under the age of 18 must be accompanied by an adult

Trip Dates: Fly out 17th June 2026—fly home 22nd June

TRIP ITINERY :

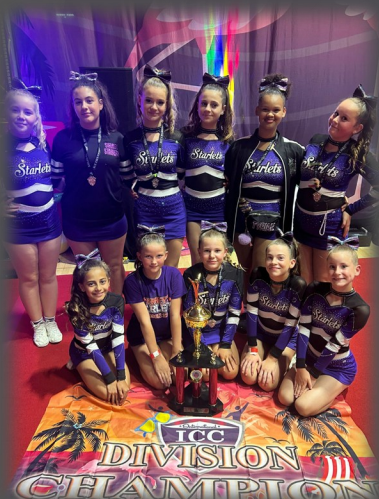
17th June—Travel Day—parents are to book their own flights for them and their athlete. Everyone must arrive by 5pm ready for Team Dinner at 6pm

18th June— Morning training session, sight seeing day

19th June—Morning training day, team building, early rest evening

20th & 21st June—Competition

22nd June—Travel home day



Regal—AIA Champs - 2026...



A hugely exciting opportunity has arisen where we are taking a brand new team—
REGAL—to the AIA Championships in Canada

Regal will be competing in the 5 day Tournament in Montreal

Training for Regal is fortnightly

All Athletes under 18 must be accompanied by an adult!



Further Info...

At Surrey Starlets, we care about more than just competitive cheerleading. We care about athletes individual experiences and development. That is why, we have a series of programmes and initiatives to give you a cheerleading experience that you will not find anywhere else.

Personal Rewards...

At Surrey Starlets, we recognise that athletes should be celebrated and rewarded for ALL aspects of cheerleading, not just skill and ability, but the other important aspects.

This season, every athlete will have their photo framed and displayed on our team boards. Every week, athletes achievements will be celebrated and athletes can collect stickers to recognise this to display on their framed photo.

These achievements will range from aspects such as perfect attendance or punctuality, new skills, King or Queen of the competition, hitting zero, great team work etc etc.

Development 5...

Development 5 is a focused, high performance training team that meets on a fortnightly basis with the primary goal of progressing toward a world-class standard. To

ensure our younger athletes are progressing and reaching their potential, D5 is designed to challenge the team physically, technically and mentally, promoting long term development rather than short term results. With a clear emphasis on progression, D5 provides a structured pathway for athletes who aspire to reach elite levels, fostering a culture of excellence, accountability and continuous growth in alignment with international benchmarks

Starbound Scholarship...

New for the 2025-26 season, following the generosity of last year's scholar donating their scholarship to a different athlete each month, the Starbound Scholarship can be applied for monthly and grants each successful applicant 1 month of funded training fees!

Tumbling Progression...

As well as weekly tumble classes, included in your monthly fees, we are again celebrating our tumbling with the reward badges.

Reward images will be posted to our social media, and athletes will be welcome to purchase their badges

This will be accompanied with a sticker on their personal achievement frame.

STRIVE! Junior Leadership Award...

Many of our coaches started as athletes, and this is an excellent starting point!

This year we will be working with a small amount of athletes to be a part of our Junior Leadership programme. Athletes will work with the Leadership Mentor working through a handbook covering different elements to help them to understand the requirements to be a coach. Athletes will volunteer time, work through education, attend courses etc etc.

Athletes have different tasks to work through, gaining knowledge and experience in coaching.

Athletes will be awarded a pass, merit, or distinction on completion of the course.

Further Info...

Purple Premiere...

Hosted at the Guildford Spectrum, our 19th annual showcase—the PURPLE PREMIERE—will be held on the late afternoon / evening of the 2nd Feb . We invite all parents, friends and family to watch the premiere of all of our competition and recreational routines ahead of their first competition.



Team Leads...

The Team Leads are an excellent source of support for new and returning parents on the programme. Helping with the organisation of each team, Team Leads are the first point of contact for athletes and parents.

Awards Night...

Ending the season celebrating the years successes, we invite all athletes and their family members to join us at our Annual Awards Night. Celebrating team's accomplishments as well as recognising individual's achievements, this is a night not to be missed! Mark your calendars for Friday 3rd July!

